

Supplementary Table 1: Standardized questions, scales, or criteria used, responses options, and analytical coding of variables collected and analysed

Variable	Question / Scale / Criteria used	Responses	Analytical coding
Date of clinic enrolment	None	Date in Month / Day / Year	Year of baseline consult: Year
<i>Socio-demographics variables</i>			
Age	What is your current age in years?	Years	Age: (1) 18-24, (2) 25 and above
Residence	Where do you currently reside?	City and/or province of residence	Location of residence: (1) Within Metro Manila, (2) outside Metro Manila
Sex assigned at birth	What sex were you assigned at birth on your original birth certificate?	Assigned male at birth (AMAB), assigned female at birth (AFAB), or Intersex	Gender: (1) Transgender men - if AFAB and identified as male or transgender men, (2) Transgender women – if AMAB and identified as female or transgender women, (3) Gender diverse – neither or another (e.g., non-binary, genderqueer, gender non-conforming)
Gender identity	Do you currently describe yourself as male, female, transgender, neither, or other?	Male, female, transgender men, transgender women, neither, or another (please specify)	
Employment	Are you currently employed?	Yes or no	(1) Yes, (2) No
<i>Gender affirming care variables</i>			
History of gender affirming hormonal therapy (GAHT) intake	Have you ever taken hormones for gender affirmation or transition?	Yes or no	GAHT status: (1) Currently taking GAHT, (2) Previously on GAHT, or (3) GAHT-naïve
Current GAHT intake	Do you currently take hormones for gender affirmation or transition?	Yes or no	
Medical provider-prescribed GAHT	Have you ever been prescribed hormones by a medical provider?	Yes or no	GAHT was prescribed by a healthcare provider: (1) Yes, (2) No
History of gender affirming surgery/procedure (GASP)	Have you ever had any surgery for gender affirmation or transition?	Yes or no	GASP status: (1) No unmet to partially met need – had GASP and with or without intention for additional GASP; (2) Wanted but has not undergone procedures –
Desire or need for GASP	Do you intend to get any surgery for	Yes or no	

	gender affirmation or transition?		no history of GASP and has intention for additional GASP
Type of GASP	Which gender affirming surgery did you receive?	Genital, gonadal, chest augmentation, chest reduction, laryngeal shaving, and/or another (please specify)	Gonads: (1) Yes – reported gonadectomy, (2) No – did not report gonadectomy
Gender dysphoria	27-item Gender Dysphoria Questionnaire for Adults and Adolescents	Always, often, sometimes, rarely, or never	Gender dysphoria: (1) Yes – clinically diagnosed using DSM-5, (2) No – not clinically diagnosed using DSM-5
	Diagnostic and Statistical Manual of Mental Disorders 5 th Edition (DSM-5)	Not applicable	
Feminizing drug(s) and mode(s) of administration	What medications did you last or do you currently use for gender affirmation or transition? How do you administer these	Drug(s) and mode(s) of administration	Alignment with reference regimen (WPATH-SOC8): (1) aligned with the reference regimen – if taking (a) estrogen, such as estradiol valerate or hemihydrate oral (not ethinyl estradiol), and/or estradiol valerate or cypionate injectable, and/or estradiol transdermal gel or patch, and (b) if with testes, testosterone-lowering drugs, including spironolactone oral, cyproterone acetate oral, or gonadotropin-releasing hormone (GnRH) agonist triptorelin injectable; (2) outside the reference regimen – taking otherwise
Masculinizing drug(s) and mode(s) of administration	What medications did you last or do you currently use for gender affirmation or transition?	Drug(s) and mode(s) of administration	Alignment with reference regimen (WPATH-SOC8): (1) aligned with the reference regimen – if taking injectable testosterone enanthate or cypionate or undecanoate and/or transdermal

			testosterone gel or patch; (2) outside the reference regimen - taking otherwise
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DSM-5 - Diagnostic and Statistical Manual of Mental Disorders 5th Edition; GAHT – gender affirming hormonal therapy; GASP – gender affirming surgery / procedure; WPATH-SOC8 – World Professional Association for Transgender Health Standard of Care 8th Edition